Process Reflection 1 (2/9/20)

For my project, I am examining how technology impacts human relations. In the beginning stages of my research, I have read and taken notes on articles in psychology publications that discuss the effects of technology on mental health. Additionally, I would like to interview other students, as well as faculty members or administrators. The purpose of this is to gain an understanding of my topic as it applies specifically to ideas that are more relatable for me. I have located many potential sources of information, mostly articles similar to what I have already read. The next step in my research is to continue reading and annotating from these sources to learn more about my topic.

Process Reflection 2 (3/20/20)

My working thesis for the project is that modern technology generally increases social pressure and makes people worse communicators. I am in the beginning stages of compiling the written component. I have an outline that compiles all major components of my research. Throughout the course of my research, the most striking thing I have discovered is how much has changed about how we communicate that has mostly gone unnoticed. We sometimes fail to realize that when communicating with technology, we have time to react to what other people say, which makes the interaction completely different. I have also recently started thinking about an artifact that can demonstrate the concepts I researched. I would like this to be an interactive experience where a viewer can observe the difference between having the same conversation in person as opposed to with technology.